

Physical Education lesson plan		
Grade	Unit	Lesson focus
Intended student performance objectives <ul style="list-style-type: none"> • • • 		
Intended teacher performance objectives <ul style="list-style-type: none"> • • • 		
Learning outcome		
Equipment <ul style="list-style-type: none"> • • • 		
Processes and activities		
Exercise #1: Warm up		Expected length (in minutes):
Purpose		



